

Southeast Steuben County Library 300 Nasser Civic Center Plaza; Suite 101 Corning, NY 14830 ssclibrary.org

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April 7, 2014 FOR IMMEDIATE RELEASE

EATING FOR HEALTH WORKSHOP SLATED AT SSC LIBRARY

Eating for Your Health and the Health of the Environment with George Eisman will be held Thursday April 17 from 5:30-7 p.m.

Eisman is a nutritionist and director for the Coalition for Cancer Prevention Through Plant Based Eating.

This program will cover environmental issues, health and nutrition with an emphasis on solutions offered by a vegan lifestyle.

Sign up is required by calling 607) 936-3713 ext. 502 or email wellsm@stls.org.

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Programs made possible by the Friends of the Library
The library is handicapped accessible. If you require special accommodations, please call us in advance: (607) 936-3713.